

Anti-Doping Update 2026

CHANGES TO THE PROHIBITED LIST 2026



From 1st January 2026

INHALED SALMETEROL - PERMITTED DOSE TIME INTERVAL MODIFIED.

- no more than 100 micrograms in any 8 hours,
- MAXIMUM 200 micrograms in 24 hours (as before)

Check metered dose carefully so permitted dose is not exceeded in error
A finding above this level may be considered an Anti-Doping Rule Violation



Keep a record of use on Medical File, be ready to apply for TUE retroactively

WARNING - additional examples added to remind you of already **PROHIBITED STATUS**

- **S2 Peptide Hormones, Growth Factors Related Substances, And Mimetics** - Pegmolesatide
- **S4 Hormone and Metabolic Modulators** -(additional substances found in supplements)
 - 2-Phenylbenzo[h]chromen-4-one (α-naphthoflavone; 7,8-benzoflavone)
 - 5-N,6-N-bis(2-fluorophenyl)-[1,2,5]oxadiazolo[3,4-b]pyrazine-5,6-diamine (BAM15)
- **S6 Stimulants** (additional substances found in supplements or marketed as ‘research only’)
 - Flmodafinil (2-[Bis(4-fluorophenyl)methylsulfanyl]acetamide)
 - Fladrafinil (2-[bis(4-fluorophenyl)methylsulfanyl]-N-hydroxyacetamide)
- **M3 Gene and Cell Doping** Cell components (eg nuclei and organelles such as mitochondria and ribosomes) are added to the existing prohibition of using normal or genetically modified cells.

MANIPULATION OF BLOOD OR BLOOD COMPONENTS

Administration or reintroduction of blood or red blood cells products of any origin into circulatory system is prohibited. In 2026, withdrawal of blood or blood components (even without reintroduction into circulatory system is also PROHIBITED unless withdrawal for the following reasons:

- Analytical procedures such as medical tests, Doping Control, ethically approved scientific research
- Donation purposes performed in an accredited collection centre.

NOTE: Bloodletting procedures such as venesection to treat conditions like hemochromatosis is PROHIBITED, a TUE is required to permit this medical intervention.

Clarifications and guidance about Blood Donation

INCLUDES

- Blood
- Plasma
- Red blood cells
- White blood cells
- Platelets
- Stem cells

Blood donation by apheresis is PERMITTED when carried out at a collection centre registered and accredited by the relevant regulatory authority of the country in which it operates

Donation of whole blood and plasma by plasmapheresis does not require a TUE.
Keep records, including dates, locations of donations on a Medical File, in case medical evidence is requested.

Medical treatments using blood or blood components include:

- Blood transfusions for trauma or surgery
- Treatment of cancer patients, esp during chemotherapy recovery
- Patients with blood disorders e.g., anaemia, haemophilia
- Stem cell transplants for patients with certain cancers or diseases

ANTI-DOPING & TUE POLICIES 2026

The Tour's Anti-Doping and TUE Policies are updated to reflect changes to the Prohibited List. Note disciplinary and TUE processes include independent TUE Panel, Disciplinary Tribunal and Appeal. Check updates from January 2026 on the Player Portal - **INFORMATION HUB** under **INTEGRITY TAB / ANTI-DOPING**.

Remember - you are strictly liable for any banned substance or method you use, attempt to use, or is found in your body system, regardless of YOUR intention or how it came to be there. A violation may also be found against medical or other support personnel involved.

WARNING - CARBON MONOXIDE

Non-diagnostic use of CARBON MONOXIDE prohibited unless for diagnostic purposes (check specific wording definition about illicit use)



CBD - Players are required to view the CBD video and complete the mandatory questions, please take an opportunity to view this video and understand the risks to your career as a golfer and BEFORE you travel to a country that criminalises possession of CBD products.



MEDICAL FILE: All medication used should be recorded on a Medical File, including details of diagnosis and prescriber. A Medical File can become a TUE Application by completing the consent section and submitting all information. A Medical File template and a TUE Form is available on the Player Portal.

Record all medications and supplements used, any products (including hair treatments, sunscreen etc) to which you are exposed, IN CASE it contains a low level of prohibited substance and you may need to explain or justify the presence of. Your contemporaneous record and prescriber details may help explain the presence of a prohibited substance and reduce the possibility of an Anti-Doping Rule Violation. CHECK RESOURCE ON **CONTAMINATION - HOW COULD IT HAPPEN?**



NOTE: There is **no justification for IV use** - unless in a hospital or emergency situation

Social use, vitamin, hormone boost, hangover cure, or weight management = **STRICTLY PROHIBITED**

Any intravenous infusion or injection of more than 100mL per 12 hour period except when legitimately received in course of hospital treatment, surgical procedure or clinical diagnostic investigation. Full documentation of procedure, justification & clinician required on Medical File

REMINDER - CHANGE TO THE PROHIBITED LIST 2024 - TRAMADOL is PROHIBITED

WHAT IS TRAMADOL?

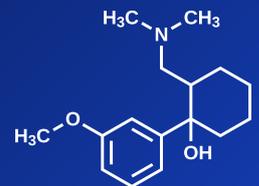
Tramadol is an opioid analgesic, prescribed to treat moderate to severe sports injuries, esp in an emergency. Tramadol is available as tablets, capsules and 100mg/2ml injection. It is a prescription only medication.

Can be addictive, risk of physical dependency, opiate addiction and overdose.

Research indicates potential to enhance performance

ALTERNATIVE PERMITTED PAIN MEDICATION IS AVAILABLE AND SHOULD BE USED IN FIRST INSTANCE

IF TRAMADOL is required/used in emergency - apply for a Therapeutic Use Exemption as soon as possible



AND FINALLY - Check all medications carefully, whether over the counter and/or prescribed.

Ensure your medications are permitted, or for long term medication use apply for a TUE. Understand how to lower the risks of supplement use where there is evidence of efficacy. If in doubt, just ASK!



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