



Anti Doping Information

2025

Anti-Doping Advice Card

YOU ARE BOUND BY ANTI-DOPING RULES

This card contains summary information to help players and medical professionals identify medications permitted under the European Tour Anti-Doping Policy. **It is NOT a complete list.**

CHECK FOR PERMITTED MEDICATION. If your medication is not listed, consult the European Tour Anti-Doping Handbook, national website (remember prohibited substances are prohibited both in and out of competition i.e. at all times for professional golf), or contact:

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Further information on the European Tour Anti-Doping Policy and advice can be found on the **Player Portal**:

playerportal.europeantour.com or on your Player Portal app.

WARNINGS: MEDICATIONS WITH SIMILAR NAMES: one may be permitted and another not. Some medications may have additional and prohibited ingredients.

Check *each* ingredient to ensure that it is not prohibited.

WHEN TRAVELLING: a permitted medication available in one country may not have the same formulation or may contain prohibited ingredients if obtained in another country.

Importation or possession of certain substances (specifically CBD products, opiate medications) may be illegal in certain countries, check before travelling.

SUPPLEMENTS: vitamins, minerals, amino acids, energy boosters, anti-aging, fat burners, sexual enhancement, herbal and homeopathic remedies sold over the counter or via the internet **MAY CONTAIN PROHIBITED SUBSTANCES.** This may not be indicated on the listed ingredients. These products are not recommended, as they are not subject to the same strict manufacturing and labelling requirements as licensed medications. Liability for any adverse finding remains with the player.

GLUCOCORTICOID TREATMENTS: all injections, oral or rectal treatments require a TUE (or Medical File if short term treatment out of competition).

Submit TUE application with Medical File evidence. Emergency treatment in competition- make IMMEDIATE retrospective application.

Topical preparations (skin, eye drops, nasal sprays, creams & ointments) or glucocorticoids by inhalation are permitted.

THERAPEUTIC USE EXEMPTION SYSTEM (TUE)

Players are responsible for checking the status of all medications and for applying for the necessary approval to use prohibited medications. **Players are strictly liable** for the finding of prohibited substances in their bodily sample. Consult your physician or pharmacist for guidance on appropriate medication for your medical condition. Check if a **PERMITTED** medication is available.

When a prohibited medication is required, compile a Medical File or TUE Form, check if you need to apply for permission immediately. **IN ADVANCE of use.** Your Medical File/TUE application form must include supporting information from the prescribing physician. If required, submit to European Tour TUE office as soon as possible, at least 30 days in advance of competing. Where emergency treatment is necessary, submit a TUE form immediately after treatment. TUE forms available on European Tour Player Portal or from Anti-Doping Adviser, Medical Team, Tournament Office.

PERMITTED medications

examples & warning

Antacids/gastric preparations: calcium carbonate, charcoal, cimetidine, lansoprazole, omeprazole, ranitidine.

Anti-allergy: antihistamines, cetirizine, chlorpheniramine, diphenhydramine, fexofenadine, loratadine, terfenadine.

Note: Glucocorticoid treatments by inhalation, creams or drops are permitted. Other glucocorticoid treatments (oral/injectable) require a TUE. Record emergency treatment on a Medical File and submit as soon as possible in case a TUE is required. Adrenaline treatment requires retrospective submission of a Medical File.

Antibiotics: all permitted.

Anti-depressants: amitriptyline, bupropion, fluoxetine, paroxetine, sertraline, venlafaxine.

Anti-diabetics: gliclazide, glipizide, metformin, rosiglitazone.
NOTE : insulin requires a TUE.

Anti-diarrhoeals: electrolyte replacements, loperamide (Imodium).

Anti-fungals: clotrimazole, nystatin, terbinafine.

Anti-inflammatories: all non-steroidal anti-inflammatories (except famprofazone), e.g. aspirin, ibuprofen, naproxen.

Anti-virals: aciclovir, famciclovir, oseltamivir, stavudine. All vaccines permitted.

Asthma: montelukast, nedocromil, sodium cromoglicate, theophylline. Glucocorticoids permitted by inhalation e.g. Beclomethasone, budesonide, fluticasone.

Warning on asthma medications: TUE required application for beta2agonists by inhalation (except formoterol, salbutamol, salmeterol and vilanterol by inhalation, **when used in accordance with mild asthma therapeutic regime over 12/24 hours**)

Supporting medical evidence from prescribing physician, reviewed annually. If treatment changes - check - a new TUE is required.

Cold/cough: antihistamines, codeine, dextromethorphan, guaifenesin, hydrocodone, paracetamol, phenylephrine, Robitussin, Tylenol, xylometazoline. Otrivine nasal spray & drops.

WARNING COLD MEDICATION may contain prohibited substances - DO NOT USE EPHEDRINE or PSEUDOEPHEDRINE

Ear/Nose/Eye Preparations: antazoline, chloramphenicol, tetrahydrozoline, oxymetazoline, xylometazoline (Otravine), all antibiotics permitted.

Erectile Dysfunction: sildenafil, tadalafil, vardenafil.

Haemorrhoids: preparations containing benzocaine, lidocaine. e.g. Anusol, Preparation H.

NOTE: External creams or ointments containing glucocorticoids are allowed. **WARNING: other methods require a TUE**

Hair Loss or Prostate: dutasteride, finasteride, minoxidil.

Hayfever: antihistamines, beclomethasone (by inhalation), mometasone, phenylephrine, xylometazoline.

WARNING: glucocorticoid injections e.g. Kenalog, or glucocorticoid tablets for hayfever require a Medical File/ TUE.

Indigestion/Stomach Preparations: cimetidine, lansoprazole, omeprazole

Laxatives/Bowel Preparations: bisacodyl, ispaghula husk, lactulose, macrogol, mebeverine, polyoxyethylene glycol, senna.

Muscle Relaxants /Liniments: baclofen, capsaicin, Transvasin.

Pain: aspirin, codeine, dihydrocodeine, ibuprofen, naproxen, paracetamol, (acetaminophen). **TRAMADOL not permitted**

Sedatives/Sleep Aids: diazepam, diphenhydramine, promethazine, temazepam, zopiclone, zolpidem.

Skin/Dermatological conditions: paraffin, emollients, topical steroids e.g. hydrocortisone, betamethasone, clobetasone, clobetasol, fluocinolone, topical antivirals, antifungals and topical antibiotics e.g. aciclovir, clotrimazole, fusidic acid.

Vomiting/Anti-Nausea: cinnarizine, cyclizine, domperidone, metoclopramide, promethazine

IV infusions and/or injections of any substance more than 100 mL per 12 hour period are prohibited at all times, except for those legitimately received in the course of hospital treatment, surgical procedures, or clinical diagnostic investigations.

WARNING: Players and support personnel administering IV infusions which cannot be medically justified commit an anti-doping rule violation (ADRV) whether or not the individual substances are prohibited. IV infusions should be recorded on a Medical File. If administered during a tournament submit a TUE application.

FURTHER INFORMATION on specific permitted and prohibited substances in particular countries is available through websites below:

IF YOU CANNOT FIND IT, DON'T ASSUME IT'S PERMITTED!

Australia	www.globaldro.com/AU/search
Austria	www.nada.at/de/medizin/medikamentenabfrage
Czech Republic	www.antidoping.cz/zakazane_prostredky_leky.php
Denmark	www.antidoping.dk/doping/medicin/medicin-app
Canada	www.globaldro.com/CA/search
Germany	www.nada.de/de/medizin/nadamed/
France	www.afld.fr/finder/produits-dopants
Ireland	www.eirpharm.com/sports/search
Japan	www.globaldro.com/JP/search
New Zealand	www.globaldro.com/NZ/search
Norway	www. antidoping.no/medisinsk/legemiddelsok
Poland	www.leki.anty doping.pl
South Africa	www.drugfreesport.org.za/online-medication-check/
Spain	https://nodopweb.celad.gob.es
Sweden	www.antidoping.se/rodgronallistan
Switzerland	www.globaldro.com/CH/search
UK	www.globaldro.com/UK/search
USA	www.globaldro.com/US/search

REMINDER – SUBSTANCES PROHIBITED IN COMPETITION ARE PROHIBITED AT ALL TIMES IN PROFESSIONAL GOLF



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