

Warning for players - Glucocorticoid Medications



Glucocorticoids are a type of medication that can be used to treat many sports injuries affecting the joints or tendons, also and medical conditions, such as asthma, eczema, allergies, (inflammatory and immunological disorders). Glucocorticoids are available in many forms:



Inhaler
Permitted



Eye or Eardrops
Permitted



Creams
Permitted



Injection/ Tablets
Rules Apply

From 1 January 2022, ALL injections of glucocorticoids are prohibited.

Complete an Evidence File or TUE form for all glucocorticoid injections at time of treatment.

What if...?

..player needs a glucocorticoid injection/tablets **during** the in-competition period?



If a player needs a glucocorticoid during the in-competition period to treat a diagnosed medical condition, complete a **Therapeutic Use Exemption (TUE) Form** and submit for review. Checklists and guidance is available so complete diagnostic evidence is collated and submitted.

..player needs a glucocorticoid injection/tablets **just before** the in-competition period?



In some cases, a TUE may be required even if the glucocorticoid is given out-of-competition (OoC) period. The timing of the glucocorticoid injection and competition is important for players to be aware of – especially if treatment is given during what is called a **'washout period.'** Prepare an Evidence File with the prescribing physician and submit a copy in case a TUE application is required.

..player receives an injection/tablet **out-of-competition** but tests **positive in-competition**?



If a player receives a glucocorticoid out-of-competition (OoC) and is tested in-competition, **apply retroactively for a TUE**. The prescribing physician should help prepare an Anti-Doping Evidence File with diagnostic evidence to justify the glucocorticoid. The player should submit this as a retroactive TUE application. Complete TUE Form to consent to data processing.

YOU ARE RESPONSIBLE FOR ANY PROHIBITED SUBSTANCE FOUND IN YOUR BODY.